

# Sufism and the Eros of Nonduality

A Series of Five Sunday Afternoon Gatherings  
with Pir Elias Amidon



Osho Leela Meditation Center,  
Boulder, Colorado  
Sundays, 1:00 – 5:00 PM

January 27 • February 24 • March 24  
April 28 • May 26

## ***Sufism and the Eros of Nonduality***

**In this series of five Sunday afternoon gatherings,** Pir Elias will take us on a deep dive into the nature of nonduality from the perspective of contemporary Sufism, exploring the vivid beauty this recognition brings to our everyday lives.

While some approaches to spiritual awakening focus on realizing emptiness and the illusory nature of reality, and others encourage transcendence of this earthly life, these gatherings open us both to recognizing the **oneness** of being and to wholeheartedly participating in its **many-ness** — in the vast diversity of beings and experiences we encounter.

For Sufis, this is the challenge of human life — to live open to the clear aware presence that is the ground of all being while fully engaging with life's beauty, difficulties, and sorrows. The meeting place of these apparent opposites is in our hearts, the place where love is made. This is one way to describe *the eros of nonduality* — the generative aliveness of the Many in the One, and the One in the Many, that offers us the secret to living our lives fully, with ease, humility, and love.

These gatherings will weave together experiential exercises, talks and discussion, guided meditations, movement, body prayers, and musical meditations. All are welcome.

---

### **PIR ELIAS AMIDON**

*Elias Amidon is the spiritual director (Pir) of the Sufi Way, a nonsectarian mystical order in the lineage of Sufi Inayat Khan. Elias teaches and holds retreats on nondual spirituality and Sufism throughout Europe and the United States, and is known for his direct and experiential approach to spiritual realization. He has worked for many years in the field of peace and environmental activism in the Middle East and Southeast Asia, and with indigenous tribes on land-rights issues. He is the author of The Open Path: Recognizing Nondual Awareness; Free Medicine: Meditations on Nondual Awakening; and Munajat: Forty Prayers.*



**Each of the five gatherings will focus on a different theme** as it relates to the central focus of welcoming the “generative aliveness” — the eros of nonduality — into the intimate experiences of our lives.

**January 27: Love and Nonduality** — The mystery of love in all its names and forms (kindness, empathy, compassion, passion, ecstasy, devotion, friendship, intimacy, care giving, playfulness, kinship, mercy, grief, forgiveness, gratitude, blessing, and service) and how we may learn to deepen our capacity to love in all these ways.

**February 24: The Art of Awakening** — Opening ourselves to living an awakened life is not a one-time event. It is ongoing. Realization is continuous. In this gathering we learn practices for becoming artists of our own awakening.

**March 24: The Communion of Our Lives** — Each of us wants our life to be meaningful, to offer some betterment to the world we inhabit. During this gathering we will explore this desire to see what gold is hidden there, and how we might share the wealth.

**April 28: Doing the Beautiful** — “Let the beauty you love be what you do,” Rumi advises us. “Doing the beautiful” is the heart of Sufi ethics — it gives us a living, breathing guide for our actions instead of a fixed moral code. What does it mean? What is “the beautiful?” How can we practice “beautiful doing” in our relationships, our activism, and our spiritual life?

**May 26: The Grace of Aging and Dying** — The eros of the universe, the eros of nonduality, beautifully supports us on our journey into aging and dying. Realization of the nondual nature of all being offers us fearlessness and ease as we make these transits. As a Sufi once remarked: “It is death that dies, not life.”

## WHERE

The gatherings will take place on Sundays from 1:00 pm to 5:00 pm at the Osho Leela Meditation Center, 1025 Rosewood Avenue, Boulder, Colorado 80304. From downtown Boulder, go north on Broadway; turn left onto Rosewood Avenue on your left (just after Violet Avenue and just before the Shell Station.) Osho Leela Meditation Center is about 100 yards down Rosewood Avenue, on your right. There is plenty of parking in front of the building. Walk along the right side of the building to find the entrance to the Meditation Center.

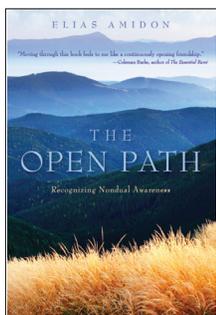
## COST

Your experience will most likely be deeper if you attend all five sessions, but you are also welcome to attend the sessions individually. The fee for all five sessions is \$200; single sessions are \$50 each. For students and those on low income, the fee for all five sessions is \$125; single sessions are \$30 each.

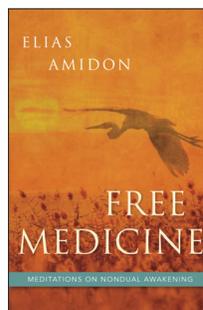
## HOW TO REGISTER

We would be grateful if you would register in advance — that will help us to prepare the space — but you may also just show up and pay at the door, if there is still space.

To register online: [www.regonline.com/bouldernondualityretreats](http://www.regonline.com/bouldernondualityretreats).



***The Open Path***  
*Recognizing Nondual Awareness*  
by Pir Elias Amidon  
Available on Amazon



***Free Medicine***  
*Meditations on Nondual Awareness*  
by Pir Elias Amidon  
Available on Amazon

## Comments on *The Open Path* book:

“The Open Path is a powerful evocation of nondual awareness by a great teacher and friend to the world.”

—Roshi Joan Halifax

“Among many mysteries explored here: spontaneous prayer, kindness, emptiness, starting from where you are, the freedom of the universe, awakening, is one that Elias barely mentions — friendship. Moving through this book feels to me like a continuously opening friendship.”

—Coleman Barks

“Elias Amidon offers us a lucid and practical gift: how to open our hearts to awareness, to what is real. This is a loving and helpful offering that will unquestionably serve those who read it. It is truly a beautiful book.”

—Roshi Pat Enkyo O’Hara